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## ABSTRACT OF THE DISCLOSURE

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the quality of a product, wherein the lighting unit can be easily assembled, has a small number of components, and emits light from a surface at a light intensity with little unevenness. An illuminant assembly of the lighting unit a comprises a ring-shaped transparent body of for light diffusion, and a plurality of illuminants of such as light-emitting diodes that are positioned along the periphery of the transparent body of and are capable of emitting light toward the center of the transparent body of while being reflected and scattered, and is emitted uniformly from an underside surface of the transparent body of the tra